

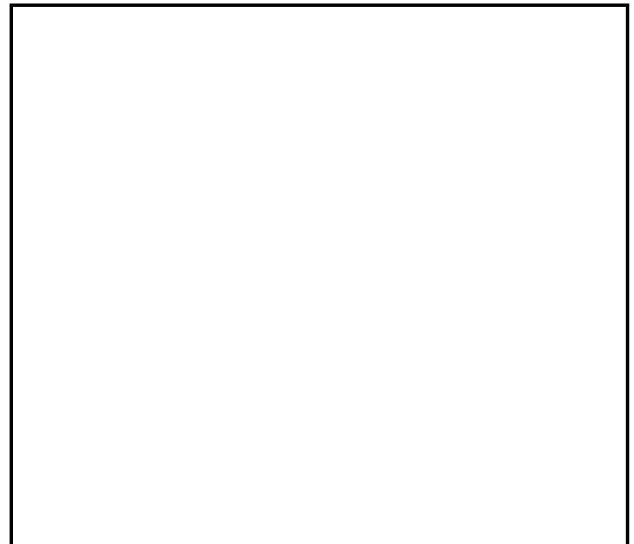
Self Control



1st grade: Social and Emotion

Complete the sentence and draw yourself using one of your good choices!

When I feel silly I can



<u>listen when</u> <u>my teacher talks</u>	<u>know when</u> <u>it's time to stop</u>	<u>take a breath and</u> <u>calm my body.</u>
<u>laugh with</u> <u>my friends</u>	shout during story time	run around the room